



# KENT CITY HEALTH DEPARTMENT

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FOR IMMEDIATE RELEASE:

## COVID-19: PORTAGE COUNTY BECOMES RISK LEVEL 3/RED

(Kent, OH) – Kent City Health Department was alerted Thursday morning that Portage County has moved from Risk Level 2/Orange into Risk Level 3/Red in the Ohio Public Health Advisory System. The Level 3 Risk designation means that there is very high exposure and spread of COVID-19 in Portage County. Kent City residents are encouraged to limit activities as much as possible and to adhere to all current public health orders.

Portage County meets the following four indicators of the Public Health Advisory System:

- New cases per capita
- Sustained increase in new cases
- Proportion of cases not in a congregate setting
- Sustained increase in outpatient visits for COVID-like illness

Kent City residents should follow the recommended guidelines for Risk Level 3 to reduce the spread of COVID-19:

- Conduct a daily health/symptom self-evaluation and stay home if symptomatic or if you have been in contact with someone who is experiencing symptoms
- Maintain social distancing of at least 6 feet from non-household members
- Consider necessary travel only
- Follow proper hygiene standards:
  - Wash hands frequently with soap and water for at least 20 seconds
  - Use hand sanitizer frequently
  - Avoid touching your face
  - Cover coughs or sneezes into a tissue or your elbow
- Decrease in-person interactions with others
- Limit attending gatherings in **any** number
- Seek medical care as needed, but limit or avoid any unnecessary visits to hospitals, nursing homes, and residential care facilities

For more information about the Ohio Public Health Advisory System, visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov). For more information about the COVID-19 situation in the city of Kent, visit [kentohio.org/coronavirus](https://kentohio.org/coronavirus) and for more.