



Kent City Health Department

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FACT SHEET

JULY 2020

www.kentohio.org

BY THE NUMBERS

Youth and Tobacco

■ ■ 7% of Portage County youth in grades 6-12 were smokers, increasing to 16% of those ages 17 and older. 27% of youth vaped e-cigarettes.

Source: [2019 Portage County Community Health Assessment](#)

E-cigarette use among youth rising

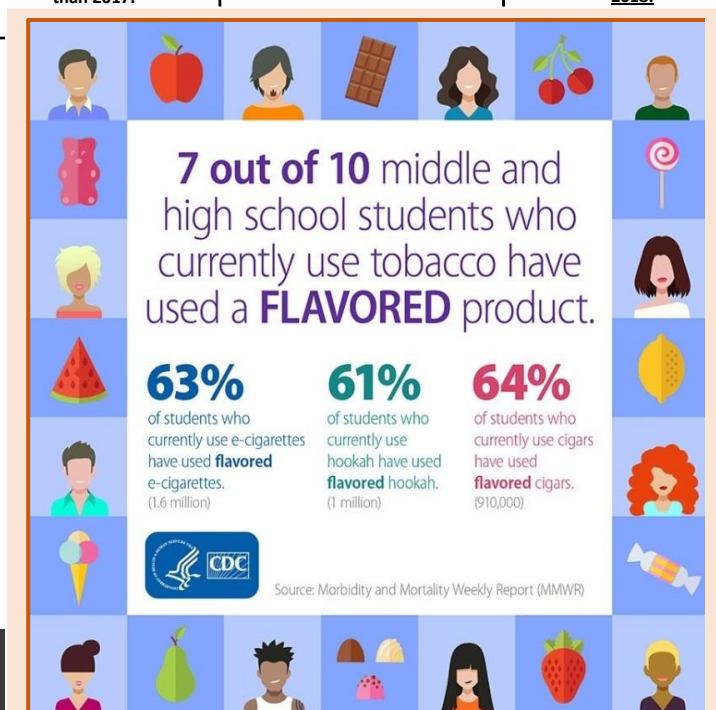
Tobacco product use among US youth has grown. More than 1 in 4 high school students and about 1 in 14 middle school students in 2018 had used a tobacco products. This was a considerable increase from 2017, which was driven by an increase in e-cigarette use. E-cigarette use increased from 11.7% to 20.8% among high school students and from 3.3% to 4.9% among middle school students from 2017 to 2018. No change was found in the use of other tobacco products, including cigarettes, during this time.

Want to learn more? Source: www.cdc.gov/vitalsigns/youth-tobacco-use/



Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion

<p>1.5M</p> <p>There were 1.5 million more current youth e-cigarette users in 2018 than 2017.</p>	<p>38.3%</p> <p>Use of any tobacco product grew by 38.3% among high school students (2017-2018).</p>	<p>4.9M</p> <p>A reported 4.9 million youth were current tobacco product users in 2018.</p>
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PROBLEM

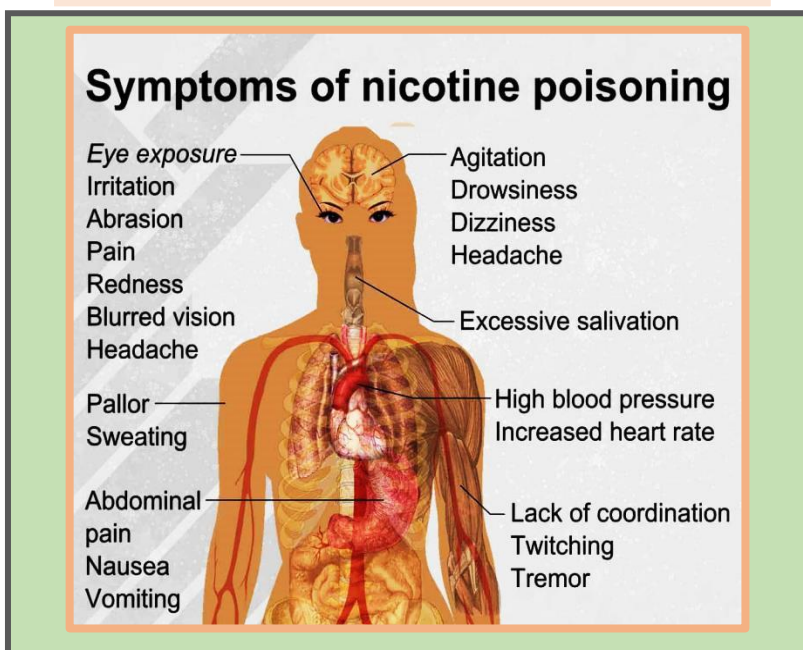
Most Tobacco Use Begins in Adolescence:

- ■ Youth nicotine use can lead to addiction and impact learning, memory and attentiveness by harming brain development.
- ■ Tobacco products contain harmful chemicals including nicotine; about 70 could cause cancer.
- ■ Flavored e-cigarettes have become the most commonly used tobacco product among youths; highest for middle school boys and high school students.

WHAT CAN BE DONE?

Everyone can:

- ■ Parents and educators can set a positive example by not using tobacco products: www.smokefree.gov
- ■ Learn about the different types of risks of using tobacco products to young people, including e-cigarettes: www.e-cigarettes.surgeongeneral.gov



Until about age 25, the brain is still growing.



www.medicalnewstoday.com/articles

Resource:
www.cdc.gov
1-800-CDC-INFO(232-4636)
TTY: 1-888-232- 6348